

NEWS BRIEFS

Wing promotion ceremony
The 8th Fighter Wing’s monthly promotion ceremony is 4 p.m. today at the Loring Club. Promotees are asked to be in place by 2:30 p.m. and to wear their new rank.

UCI out brief announced
Wolf Pack members are highly encouraged to attend an out brief of the 2006 unit compliance inspection at 4 p.m. Tuesday in Hangar 3.

Sports day is here!
Wolf Pack members will get a chance to unwind with their units during a wing-wide sports day beginning at 9 a.m. May 5. The event is at the fitness center.

Taxi cab prices increase
Beginning Monday, taxis under contract by the Army Air Force Exchange Service increase cab fare rates by 50 cents. Fare increments to a patron’s destination will remain the same.







CATM to re-open
The 8th Security Forces Squadron combat arms firing range, located at Bldg. 3500 (east of Little Coyote), is scheduled to re-open Monday. For safety reasons, Wolf Pack members should remain clear of this area when a red flag is flying. For questions or concerns, call combat arms at 782-5727.

Beach cleaners needed
The Wolf Pack is in need of volunteers to assist the Republic of Korea air force in helping to clean up the local beach from 8:30 a.m. to 1 p.m. May 17. Uniform of the day is BDUs. Work gloves, steel-toed shoes and camel packs are recommended. Bus transportation from Bldg. 780 to the beach will be provided. For more information or to sign-up, call 1st Lt. Lee Ann Montoya at 782-4775 or e-mail her at leeann.montoya@kunsan.af.mil.



PROVIDING AID AND COMFORT

Photo by Staff Sgt. Jeffrey Wolfe
Lt. Col. Roscoe Van Camp, 8th Medical Operations Squadron, together with other medical personnel, helps to treat a victim of a simulated vehicle-borne improvised explosive device during an emergency management exercise, or EME, Tuesday. The EME was conducted as part of the Wolf Pack’s 2006 unit compliance inspection. Check out the May 5 edition for the results of this year’s UCI.

<i>In this week's issue ...</i>				Wolf Weather 6-day Forecast		
	Prepare to enter the 'Gates of fire' See Page 2	Sexual assaults effect careers, lives See Page 5	Wolf Pack sees KC cherries blossom See Page 8	Saturday  Hi/Low 59/47 A.M. Showers	Sunday  Hi/Low 63/50 Sunny/Windy	Monday  Hi/Low 69/51 Partly Cloudy
	Tuesday  Hi/Low 68/51 Scattered Showers	Wednesday  Hi/Low 65/52 Scattered Showers	Thursday  Hi/Low 68/53 Showers			

Enter the ‘Gates of fire’

Like Spartan warriors, Wolf Pack is ‘legendary’

By Maj. Young-Kun Yu
8th Communications Squadron commander

I’d like to recommend the following book for Wolf Pack members to read in addition to the Air Force Chief of Staff’s professional reading list: “Gates of Fire” by Steven Pressfield. I picked up this book at the Pentagon bookstore after reading it was Gen. James Jones favorite book. Gen. Jones was the 32nd Commandant of the Marine Corps and is currently the Supreme Allied Commander, Europe.

It’s an extraordinary book about creating a warrior ethos, about discipline, about superior training and single-minded dedication to a nation’s defense. These are the same traits we aspire to at the Wolf Pack and as Airman in the world’s greatest Air Force.

The book is about the Battle of Thermopylae where 300 hand-

This book is a must-read for anyone interested in combat readiness and the true brotherhood you experience by being in the profession of arms. This same spirit is especially alive and vibrant here at Kunsan.

Maj. Young-Kun Yu
8th Communications Squadron commander

picked Spartan volunteers and their squires defended a narrow mountain pass and held off over 100,000 Persians for a week and made one of the most valiant last stands in military history. King Leonidas, his Spartan warriors and squires died to the last man, but their mission was successful. The Greek allies marshaled their forces and eventually defeated the Persians.

Like every great leader, the Spartan King Leonidas led from the front. A Persian envoy arrived and explained to the king that he was vastly outnumbered and it

was futile to resist the advancing army.

When told to lay down his sword King Leonidas replied with one of the most notable quotes in military history: “Molon labe” or “Come and get them.” Another Spartan warrior was told the Persian archers were so numerous that their volley of arrows would block out the sun. “So much the better,” replied the Spartan, “for we shall fight them in the shade.” The realism and gore of the phalanx heavy infantry battle scenes are epic: think of the opening battle scene in “Saving Private Ryan” and you’ve only

come close to the gritty realism.

It’s an extraordinary book about loyalty to fellow soldiers and loyalty to country. You can’t help but pick up leadership traits and strategies throughout the book as Mr. Pressfield describes a society singularly devoted to combat readiness. Starting at age seven, a Spartan warrior endured 13 years of military training which instilled an unyielding discipline and an unwavering code of honor. The training was then followed by 40 years of military service.

This book is a must-read for anyone interested in combat readiness and the true brotherhood you experience by being in the profession of arms. This same spirit is especially alive and vibrant here at Kunsan. Like the Spartan Warriors, the Kunsan Wolf Pack is legendary for it’s combat readiness and warrior mentality.

Support of Wolf Pack units helps complete the ‘spear’

By Senior Master Sgt. Michael Young
8th Logistics Readiness Squadron

At Kunsan, we are known for being the “Tip of the Spear” because of our proximity to North Korea and the possibility of an attack from the North. Nowhere is being on the “Tip of the Spear” more evident than when pilots put bombs on target or crew chiefs launch their aircraft.

I remember working supply near the flightline during the Gulf War. I remember watching as the B-52’s

powered up and launched. I remember feeling the air beat around me as the planes left and I knew they were loaded with bombs that were soon going to be dropped.

I can remember feeling as if I were part of the “Tip of the Spear.” After it all came together, I felt a large amount of pride knowing that I was part of the reason those planes were successfully launching.

These days, I look for that pride in every squadron and I have to ask, what about the person working CE customer service? What

about the person working the Post Office or MPF? What about the people working LRS or security forces? Do they feel they are the “Tip of the Spear?”

Many times these people need to feel appreciated because their efforts are not as visible to the accomplishment of the wing’s mission.

It was not long ago that each squadron came up with different saying in an effort to help their people feel they were part of the overall wing mission.

Supply said, “You Can’t Fly Without Supply.” Transportation said, “You Can’t Go Without TMO.” Fuels stated, “You Can’t Go Without the Hose.” Ammo said, “An F-16 without bombs is just another plane.” All of these sayings helped each squadron feel they were part of the mission and every squadron felt they had an important contribution to the overall wing mission.

That feeling is important in every squadron today. The last time I looked, a spear was made of two components: the spearhead and the shaft. The spearhead is obviously the pilots putting bombs on target or the crew chief launching jets.

A spear is not effective without the shaft to uphold the spearhead. Without the support of the shaft all you have is a paperweight whose only effectiveness as a weapon is something you can throw at someone.

I hope every pilot and crew chief recognizes the support of that “shaft” from the many support squadrons here on Kunsan.

With each Wolf Pack member working together to get the mission accomplished, every person will feel they’re part of the spear protecting everyone from the aggressors only a few miles North from our location.



Air Force photo

ACTION LINE

The Action Line is a direct line to me. Call 782-2004 and include your name, telephone number and a brief description of your problem. You can also send an e-mail to 8FW/CCActionLine.

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‘Defend the Base, Accept Follow-on Forces,
Take the Fight North’

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HOW TO REACH US: People with questions, comments, suggestions or submissions can contact the public affairs office at: 8th FW/PA, PSC 2, Box 2090, APO AP 96264-2090. We can also be reached by phone at 782-4705, by e-mail at 8FW/PA, WolfPack@kunsan.af.mil, or by fax at 782-7568.

PHONE NUMBERS TO USE

AAFES Customer Service 782-4426
Area Defense Council 782-4848
Base Exchange 782-4520
Chapel 782-4300
CES Customer Service 782-5318
Commissary Manager 782-4144
Civ. Personnel Office 782-4570
Education Office 782-5148
Dining Hall 782-5160
Fitness Center 782-4026
Golf Course 782-5435
Housing Office 782-4088
Inspector General 782-4850
IDEA Office 782-4020
Law Enforcement Desk 782-4944
Legal Assistance 782-4283
Military Equal Opportunity 782-4055
Military Pay 782-5574
Military Personnel Flight 782-5276
Medical Patient Advocate 782-4014
Network Control Center 782-2666
OSI 782-4522
Public Affairs 782-4705
Sexual Assault Response 782-7252
Telephone Repair 119

Legal office tax center volunteers help Wolf Pack save more than \$50,000

By Senior Airman Stephen Collier
Wolf Pack public affairs

The 8th Fighter Wing's tax center came through for the Wolf Pack this year, filing away 457 tax return forms saving individuals more than \$50,000 in filing charges.

For most, April 15 came and went with taxes filed away for another year. But a few Wolf Pack members dedicated their time and energy to ensure tax returns were accurately and expeditiously sent to the Internal Revenue Service. Wolf Pack members saved money this year by coming to the tax center, according to Tech. Sgt. Erica George, Wolf Pack legal office NCOIC of civil law and the tax center.

"We saved Airmen \$53,200 in estimated values of service this year," Sgt. George explained. "We saved Wolf Pack members this amount by providing free tax assistance and e-filing the returns directly to the IRS."

The estimated value of tax services is determined by the amount tax filing companies, such as H & R Block or Jackson-Hewitt, would charge for services rendered during the tax filing season.

Since Kunsan is a remote assignment without a large number of dependents or retirees, the 457 tax returns filed for the 2005 tax season at the

center were overwhelmingly from Airmen stationed here. Sgt. George said the number is significant because of the other options Airmen had available to them to file.

"Servicemembers had several on-line tax programs to choose from," she said. "These programs, including Turbo Tax, were free to military members. This software could have been assessed directly from the Air Force Portal. Despite these options, almost as many Wolf Pack members used tax center services this year as last year."

In 2005, 482 returns were prepared for Wolf Pack members.

This year, several members of the Pack stood out for their contributions to the tax center and the amount of money they saved servicemembers. These outstanding members, commonly referred to as volunteer income tax assistants, or VITAs, include Senior Airman Michael Davis, 8th Civil Engineer Squadron, Senior Airman Maureen Watson, 8th Maintenance Operations Squadron, Master Sgt. Teresa Boyd, 8th Logistics Readiness Squadron and Staff Sgt. Joseph Williams, 8th Communications Squadron.

Airman Davis accounted for 72 filings, Airman Watson closed out 68, Sgt. Boyd completed 57 and Sgt. Williams ended the year with 48 tax returns filed.

Lt. Col. David Snyder, Wolf Pack legal office

judge advocate general, said Wolf Pack members who volunteered at the Kunsan tax center did a fantastic job this year.

"Our volunteers really helped out the hardworking men and women of Kunsan," Col. Snyder said. "(Aside from) the number of returns prepared, the amount of tax refunds or the dollars saved, what's truly impressive are the people who volunteered for this time-consuming activity on top of their regular duties. I'd just like to say 'Thanks' on behalf of the 457 Wolf Pack members who were saved the drudgery of filling out tax forms."

Sgt. George said this year's tax center successes wouldn't have happened if it weren't for the tremendous support of agencies throughout the wing.

"There was a great deal of intense work involved in the short-notice move of the tax center to its new location," she said. "The center was assigned to the back of the building in an area that was formerly the old base exchange. The location hadn't been used for several years, so it required a thorough cleaning as well as internet access, telephone lines and new doors and locks. With tremendous support from the legal office staff, 8th CES, 8th CS and 8th Fighter Wing headquarters, we were able to put together a very professional tax center and opened on schedule."

CP receives special recognition

By Staff Sgt. Erien Clark-Chasse
Wolf Pack public affairs

The 8th Fighter Wing Operations Center, better known as the wing command post, was recognized by the 2006 Commander-In-Chief's Installation Excellence Team under the Special Recognition category for their performance from Oct. 1 2004 through Sept. 30 2005.

The command post acts as the wing's nerve center during increased threats and contingency operations.

In the most basic of ways, the command post, "keeps wing leadership apprised of all information and emergencies that are critical to making decisions impacting the wings personnel, aircraft, and other resources," said Staff Sgt. Rachel Davis, 8th FW command post senior emergency action controller. "The command post is responsible for crisis management involving all types of different events from fuel spills to aircraft accidents."

During the inspection, the team took a close look at our daily operation, impact on mission accomplishment and volunteerism by command post personnel.

"This award is important to the Wolf Pack because it recognizes the command post controllers for their hard work put in over the past year," said Maj. Thomas Cox, command post chief. "The folks here are some of the best I've ever worked with as far as dedication and effort put into their work, not to mention the camaraderie both on and off duty."

Their biggest challenge was handling the day-to-day work load. During the award period, the controllers ran 1,556 quick reaction checklists

which amounts to handling four incidents per day.

"Of course it doesn't really happen that way, it's more like a steady pace punctuated by periods of excitement," said Maj. Cox. But, those checklists resulted in 50 operational reports that were written for serious incidents that took place over the year.

Controllers process emergency action messages sent out by higher headquarters to maintain readiness, manage the wing's status of resources and training program and perform collateral duties as well.

"Emergency actions alone requires us to deal with a number of different commands and can be confusing, but the flexibility of my controllers is incredible considering the amount of information they manage at any given time," said Maj. Cox.

The controller's jobs can be quite detail oriented as Tech. Sgt.

Steven Harrill, 8th FW command post senior emergency action controller explains, "Our usual work shift of 12 hours goes by with command and control of the 8th Fighter Wing in emergency actions, operational reporting and flight following. During exercises and contingencies, we are responsible for getting critical messages and information out to the wing using the giant voice and commander's channel. We man the command post 24 hours a day, seven days a week, 365 days a year."

So the next time the giant voice crackles overhead or there's an emergency in the middle of the night, it's nice to know the command post is always ready to respond.



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PRIDE OF THE PACK

Staff Sgt. Eric Albers

Unit: 80th Aircraft Maintenance Unit
Duties: Dedicated F-16 crew chief
Hometown: Breese, Ill.
Hobbies: Bulgogi Thursdays
Favorite music: The chicken dance
Follow-on: Eielson AFB, Alaska
Last good movie: "Brokeback Mountain"
Best thing you've done here: "Went to the DMZ."



"Staff Sgt. Albers' extensive aircraft and flightline knowledge (has) made a significant impact on the 8th Fighter Wing's daily aircraft sortie and maintenance operation.

He was hand-selected to act as day-shift lead NCO where he effectively led 12 personnel during the generation of 962 sorties and 1,311 flying hours during the first quarter of 2006.

During Exercise Beverly Bulldog 06-01, Sgt. Albers led a four-person Tiger Team during the aircraft generation last-look inspections on 18 F-16s. His efforts led to the generation of all aircraft within 12 hours; an 8th FW best in more than three years!

Sgt. Albers easily meets and exceeds the standards of this honorable recognition."

— Lt. Col. William Ferro

8th Aircraft Maintenance Squadron commander

Have you ‘vOP’ed?

For your next move be ready to outprocess virtually

By Senior Airman Stephen Collier
Wolf Pack public affairs

As summer time approaches, a number of Wolf Pack members are preparing to end their one-year tour in Korea to go on to their next assignment. But before that chemical or protective gear can be turned in or signature applied by Public Health officials, Airmen here must master the Wolf Pack’s newest way to get those checks and signatures on their outprocessing checklist.

Kunsan’s military personnel flight recently launched the base into a new era with the paperless, virtual outprocessing system, or vOP. Virtual outprocessing was coordinated along side the Personnel Services Delivery-Transformation, a title for the Air Force’s initiative giving Airmen the capability to make personnel and pay changes right at their finger tips.

Maj. Jenise Carroll, 8th Mission Support Squadron MPF commander, said vOP is important to Wolf Pack members because of its design to move more and more functions to an easy-to-use online platform.

“Virtual outprocessing is the execution of the Air Force’s plan to move functions ... online,” she said. “As the Personnel Services Delivery Transformation takes form, Wolf Pack members must use the online system to initiate and complete numerous personnel actions.”

So how will Wolf Pack members be affected? In a typical outprocessing scenario, an Airman receives their orders to their next assignment. Soon after, within a 24-hour time span, the Airmen’s outprocessing checklist is loaded to the virtual MPF, or vMPF, which can be accessed

from the Air Force Portal. Here, the Airman can view in chronological order which items they will need to complete before PCSing.

With the automation, Kunsan’s high operations tempo doesn’t end, sometimes breaking outprocessing suspenses. The vOP helps correct this anomaly by automatically sending a reminder e-mail to the member, keeping them on track with their outprocessing checklist.

Airmen will, however, still be required to physically visit the 8th Medical Group to retrieve their medical and dental records as well as submitting their AF Form 522, or the Air Force ground weapons training data sheet.

According to a March 16 MPF briefing, PSD-T, paralleled with vOP, is set to improve accuracy, expand capabilities and save taxpayer money and resources by moving current MPF functions to Web-based applications. These applications are easy to use and maintain by Airmen right at their computer terminals.

Although Kunsan now has the ability to allow Airmen to take control of their personnel matters online, Maj. Carroll said the base was behind the Air Force standard by approximately three years.

“Kunsan was way behind [in implementing vOP] because we do business a year at a time. Others (Most bases) received a five-year projection to implement vOP,” she said. “As each class arrives, the focus is driven by the operational readiness or unit compliance inspections for that particular year. As of this year, this stopped ... our jobs as personnelists must continue regardless of a UCI or ORI year. We’re in the business of serving customers and have to adopt this program that better serves those

Airmen as we bring systems online.”

“As with any new system, there is a learning curve,” Maj. Carroll explained. “Virtual outprocessing is very simple in nature and function. Wolf Pack members will need a login password to the Air Force Portal. Base agencies, such as outbound assignments, then add the member to the vOP. Outbound assignments then tell vOP the member is PCSing from overseas to the continental U.S. Virtual outprocessing will then automate an outprocessing checklist for the member to outprocess the base.”

But Maj. Carroll pointed out it’s still the responsibility of Wolf Pack members to ensure each and every item on an their virtual checklist is taken care of.

“Be responsible enough to follow the timeframe the checklist has established for you to outprocess,” she said. “The vOP is designed to send you an e-mail to remind you if an action is overdue.”

Many members who have PCSed into Kunsan have more than likely heard of, if not used, the vOP system as many CONUS bases have already switched to virtual outprocessing. Maj. Carroll said the future of the Air Force lies in giving Airmen direct control over their careers.

“As base agencies get more comfortable with the process, it gets easier everyday,” she said. “Looking at the big picture, get ready for an Air Force where your PCS orders will be automated and e-mailed to you. By December 2007, there may no longer be an outbound assignment section (at the MPF). Everything you do will run through an online platform and be serviced by the Air Force Personnel Center.”

Virtual outprocessing ... step-by-step

Step 1

Receiving orders – Individuals must have orders prior to receiving a virtual outprocessing checklist.

Step 2

In the system – Once orders are issued, individuals are uploaded into the system within 24 hours.

Step 3

Accessing the list – Members can access the vOP checklist from the vMPF on the Air Force Portal.

Step 4

In writing – Members are required to have a squadron commander’s signature on the checklist.



(Editor's note: Information for this column is compiled via Department of Defense Web sites.)

IRAQ

Oil facility ready for production Tuesday – The Al-Basrah Oil Terminal Hydraulic Bridge System Repair is now complete. After years of neglect and disrepair, the telescopic platform bridging systems at Berths 1 & 2 (Platform A) and Berths 3 and 4 (Platform B) were removed, repaired and reinstalled. Hydraulic power units, directional control valves and other system-critical equipment was also repaired and reinstalled. This refurbishment will make terminal operations more efficient which will increase the

terminal’s reliability and capacity to export more oil. New construction at the site improves reliability and safety standards for terminal operations. This increased commerce will further stimulate Iraq’s economy.

AFGHANISTAN

Army unit ready for duty April 21 – U.S. soldiers assigned to the 1224th Engineer Detachment transferred authority to the 961st Engineer Detachment at an April 10 ceremony. Deployments aren’t new to members of the 961st, who will draw on their previous experience in Iraq as they dig culverts, grade roads, erect towers and buildings and install security barriers here. “We appreciate the smooth handover from the 1224th to us and we look forward to achieving great things here,” said U.S. Army Sgt. 1st Class Anthony Lukasik, the acting first sergeant of the 961st Engineer Detachment, based in Milwaukee. The Guam-based 1224th Engineer Detachment, which had not been deployed before, completed its share of projects – including roads, offices, living quarters and showers – while in Afghanistan.

Osan air crew rescues Korean

OSAN AIR BASE, Republic of Korea – The crew of an HH-60G Pave Hawk helicopter from Detachment 1, 33rd Rescue Squadron here, rescued a 74-year old Korean woman from Yeong Pyeong Do Island in the West Sea April 19.

The helicopter crew began the life-saving mission at approximately 3 p.m. and successfully returned the rescued patient to a Republic of Korea Naval Base where she received medical care for a heart attack.

The capabilities of the Air Force rescue helicopter allowed it to operate in the severe weather conditions present at the time when other helicopters could not.

“We were honored to accept this tasking and fly this mission to assist our host nation in rescuing this individual in need,” said Maj. Timothy Buck, commander of the detachment.

“The crew performed flawlessly and we were grateful for the opportunity to support the request as it demonstrated the unique capabilities and strengths afforded by our combined (South Korean - U.S.) alliance,” said Col. Kurt Grabey, 7th Air Force director of staff. “As you’ll recall, a (South Korean) helicopter rescued one of our pilots from the West Sea last month ... Now it was our turn to get the mission done.” (AFPN)



Air Force photo

A HH-60 Pave Hawk, not unlike this, was used to rescue a 74-year old Korean woman from Yeong Pyeong Do Island in the West Sea April 19.

Sexual Assault Awareness Month prevention begins with you

First responses affect assault victims' future

By Capt. Eric Bixel
8th Fighter Wing sexual assault response coordinator

Sexual assault is a violent and degrading attack on an individual. An assault is one of the worst crimes an individual can experience. It's a very personal violation the victim neither wanted nor deserved.

Consider that the trauma of sexual assault changes how the victim's brain works. Control over one's body is robbed by the perpetrator. Most victims believe they will be killed by their attacker during the assault. One victim in three suffers chronic problems resulting from the emotional trauma. Post traumatic stress disorder, or PTSD, affects more than just combat veterans; it also affects survivors of sexual assault.

If someone tells you they were assaulted, you will have a lot of information to take in at one moment. The reaction you provide to that information verbally, as well as non-verbally, can set the stage for the individual's entire

experience after a sexual assault.

So what should you do if someone tells you they were sexually assaulted? First, take a moment to gather your thoughts and put the event in some sort of perspective. Consider how you might react if someone told you the closest person in their life had just died.

You should let the person know you care about them and their needs. Sexual assault survivors are not "damaged goods;" they are your family, friends and co-workers. The survivor of a sexual assault may have been changed by the experience, but they are the same person you have always cared about. Assisting the person in gaining control over their life is the most important thing you can do.

Empower the survivor in the decision-making process. A survivor of sexual assault has been robbed of control over one's own body; it's a degrading, humiliating experience. Let them know their wants and needs are important to you. Give them small, but easy decisions to make (i.e. "Do you mind if I sit down?" or "Would you like some water?"). Then, help them decide what they should do next, but avoid telling them what to do. Again, you want to empower them, not take control of their situation.

Listening is also helpful. Focus on what they

have to say, but avoid passing judgment or showing discomfort with their story. Don't ask for details of the assault; they will tell you about it when they're ready. You will hear plenty of guilt and self-blame. That's normal. Assure them they did nothing wrong. Further, resist giving advice. While you will want to help, you must focus on what the survivor wants to do, not the advice you want to give.

Finally, encourage the victim to get help. If the victim doesn't know what to do or where to go, recommend a call to the SARC, life skills or hospital emergency room. Either choice will put him or her in touch with someone trained to deal with the situation. Remember, getting a medical check up is better than doing nothing at all. Just ensure the victim makes the decision to call for help.

SARCs were created to help sexual assault victims recover from this life-changing experience. SARCs are here to care for the victim and ensure their recovery. We understand the trauma of sexual assault and are trained to guide a victim toward a healthy recovery. Further, SARCs don't work alone. In addition to the medical and life skills professionals, trained volunteer victim advocates are available to provide long-term, one-on-one support. It's a team effort. Kunsan's Sexual Assault Hotline number is 784-7252.

At a glance ... Sexual assault awareness facts

❑ Acquaintance rape accounts for more than 80 percent of all rapes.

❑ Isolation is a common method used by sexual assault perpetrators.

❑ Restrictive reporting allows victims to receive medical care and counseling without an official investigation; to use restrictive reporting, victims must directly contact the sexual assault response and prevention coordinator.

❑ In the U.S., a rape is reported about once every five minutes.

❑ 1 in 33 men (3 percent) and 1 in 6 women (17 percent) reported experiencing an attempted or completed rape at some time in their lives.

❑ Nearly 70 percent of victims know their attacker.

❑ In 2004 there were 1,700 reported sexual assaults in the military services. 123 of these occurred in Southwest Asia.

❑ Out of the 1,700 reported sexual assaults, there were 104 reported assaults on men.

❑ If a sexual assault occurs, contact the Kunsan Sexual Assault Response Coordinator at 782-7252.

Surviving sexual assault: one victim's story

By Capt. Suzanne Ovel
Shaw AFB, S.C.

When she woke up, everything in her life had changed.

Her best friend no longer existed. At least his status as her best friend was now gone. That changed instantly and forever when he assaulted her.

"Amanda's" evening began as any other, she and her best friend were studying together at her place.

Feeling tired, she decided to call it quits for the night, and asked him to leave. Later, she awoke with him violating her, any feelings of sleepiness shifted to horror. After he left, Amanda showered.

"You're not supposed to, but no one can ever understand how disgusting and dirty it feels," she said. "I've never scrubbed so hard in my life. I just couldn't wash it away."

Less than an hour later, Amanda reported the assault. "I was too scared to call. Until that morning, he was my best friend, and I was about to have him arrested," the 19-year-old said. "I was so torn."

Today victims can opt to use restrictive reporting if they immediately contact their sexual assault response and prevention coordinator. But when she was assaulted, that option wasn't available. The authorities began a full investigation. After the phone call, she went directly to the hospital for a medical examination, while investigators examined her residence for evidence.

That one night forever altered her emotions, thoughts and life focus.

"It touches every aspect of your life, and it's not just something you can walk away from," she said.

"Before the assault, I was just worried about my career," Amanda said.

"Afterward, (I felt) humiliated, hurt, furious, disgusted, nauseous, dizzy — you name it."

Amanda's family, her dog and a few select people helped her start her recovery from the assault. For Amanda, her attacker's brother-like status made the betrayal even worse. She still questions his motives.

"I would ask him what in the hell was going through his mind that he felt he had the right to do that," she said. "I just hope he gets mental help."

To other victims, she would simply say, "I'm sorry. That's all you really can say."

She pleads with Airmen who know a sexual assault victim not to force them to talk about the incident, and don't be offended if the victim treats them differently. More important,

tantly, she wants family, friends and coworkers to not victimize the person again, judging them or questioning their accounts.

"Can you imagine being too afraid to fall asleep for fear that you're going to wake up with someone on top of you? I hope not, but victims can," she said.

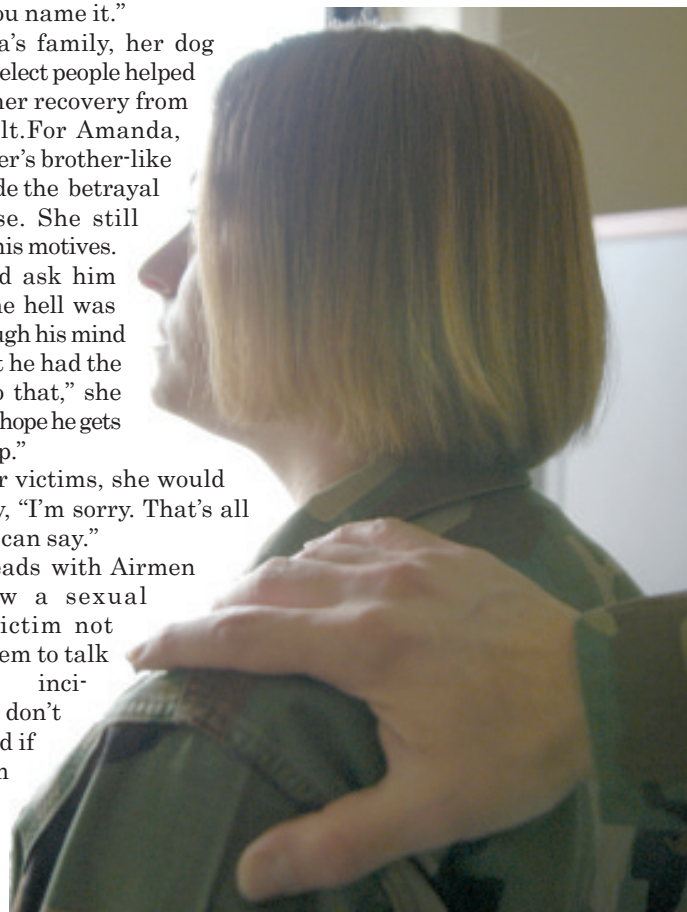


Photo Illustration by Senior Airman Stephen Collier



Photo by Senior Airman Joshua DeMotts

LOOK OUT BELOW!

Raymond Le Blanc (right), a member of the 8th Aircraft Maintenance Squadron, rests on the rope while receiving a belay and level two lead climbing certification from instructor and climbing wall manager Richard Momsen on the Wolf Pack fitness center climbing wall Tuesday. Lead climbing entails the practice of placing personal protection and clipping on the rope.

AF wrestlers compete in Las Vegas tournament

By Senior Airman
Travis Edwards
Nellis AFB, Nev.

NELLIS AIR FORCE BASE, Nev. — The Air Force wrestling team competed April 12 through 15 in the USA National Senior Men’s and Women’s Wrestling Championships at the Las Vegas Convention Center.

Of the approximately 30 Air Force members who competed, one was able to advance all the way to the USA Wrestling World Team Trials.

Anthony Brooker went on to place seventh overall in his division — the Greco-Roman 55-kilogram weight class. He is a UH-1N Huey helicopter pilot with the 76th Helicopter Squadron based at Vandenberg Air Force Base, Calif.

He took the title by besting fellow teammate Jared Moreland from Cannon AFB, N.M.

“We started training in the middle of February, so we didn’t get the same amount of training as the other participants,” said Richard Estrella, head coach for the Air Force team. “And that was our disadvantage.”

Brooker will go on to compete in the USA Wrestling World Team Trials, May 27 and 28. (AFPN)



Photo by Master Sgt. Robert Valencia

Jared Moreland performs a lift and toss on his opponent and fellow teammate Anthony Brooker at the USA National Senior Men’s and Women’s Wrestling Championships in Las Vegas April 15. Brooker recovered and went on to win the match and finish seventh overall. He is stationed at Vandenberg AFB, Calif., and Moreland is at Cannon AFB, N.M.

THE SPORTS BAR

As of April 18

Intramural Volleyball

AMERICAN LEAGUE

Teams	W	L
35 FS	8	1
8 SFS	5	4
8 MOS Team Two	6	2
8 LRS Team Two	5	4
8 CS Team Two	4	4
8 LRS Team Three	4	5
8 AMXS	2	7
Fire Dawgs Team Two	2	7
8 CES	8	0

Upcoming games

Monday

6 p.m. — 8 CES vs. Fire Dawgs Team Two
7 p.m. — 8 LRS Team Three vs. 35 FS
8 p.m. — 8 SFS vs. 8 CS Team Two
9 p.m. — 8 MOS Team Two vs. 8 LRS Team Two

Wednesday

6 p.m. — 8 AMXS vs. 8 LRS Team Three
7 p.m. — 8 CES vs. 8 CS Team Two
8 p.m. — 35 FS vs. 8 LRS Team Two
9 p.m. — 8 MOS Team Two vs. 8 SFS

NATIONAL LEAGUE

8 MDG	7	0
8 SVS	4	4
8 LRS Team One	5	1
8 MOS Team One	2	5
8 CS Team One	5	2
8 CPTS	1	7
8 MSS	2	4
Fire Dawgs Team One	3	2
8 OSS	4	4

Upcoming games

Tuesday

6 p.m. — Fire Dawgs Team One vs. 8 OSS
7 p.m. — 8 LRS Team One vs. 8 CS Team One
8 p.m. — 8 CPTS vs. 8 MOS Team One
9 p.m. — 8 MDG vs. 8 SVS

Thursday

6 p.m. — 8 CS Team One vs. 8 MSS
7 p.m. — 8 OSS vs. 8 CS Team One
8 p.m. — 8 LRS Team One vs. 8 SVS
9 p.m. — 8 CPTS vs. 8 MDG

Sports and
Fitness Briefs

Coaching positions

The men’s varsity softball season is approaching and the fitness center is accepting applications for the head coach position. To apply, submit a resume to the fitness center. For questions or for more information, send an e-mail to jason.andrews@kunsan.af.mil or call 782-4026.

Lady Wolves softball

For female Wolf Pack members interested in female varisty softball, call Staff Sgt. Paul Slick at 782-4285.

Lifeguards needed

The fitness center is opening the pool Memorial Day weekend and they are in need of lifeguards for the 2006 season. Lifeguards duty is a part time job and applicants can’t be in upgrade training, must have permission from their commander, must be able to swim 500 meters non-stop, be at Kunsan between May 31 and Sept. 1 and must not be taking leave between those times. For more information, call Staff. Sgt. Donald Slayton at 782-6453.

Register your points in ...

Fitlinxx

(Times provided by the 8th Services Squadron)

TODAY

Karaoke night — The Falcon Community Center's karaoke night runs from 9 p.m. to 3 a.m.
Club events — The Loring Club's super social hour starts at 5:30 p.m.

SATURDAY

Music request night — The Falcon Community Center's music request night runs from 8 p.m. to 2 a.m.
Free dance lessons — Free beginner to intermediate two-step, country-swing and line dances taught from 7 to 8 p.m. in the Loring Club ballroom.

SUNDAY

Speed bingo — Speed-bingo action starts at 1:45 p.m. at the Loring Club.
Sunday brunch — The Loring Club serves Sunday brunch from 10:30 a.m. to 1 p.m.
Dollar days — People can bowl for \$1 per game with 75-cent shoe rental at the Yellow Sea Bowling Center.
Dominos tournament — The Falcon Community Center hosts a dominos tournament at 3:30 p.m.

MONDAY

Pool tourney — The Loring Club's nine-ball pool tournament starts at 7 p.m.

Air Force Sergeants Association

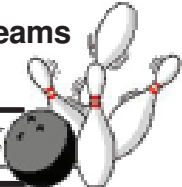
2 P.M.
MAY 12



PRIZES!

BOWLING TOURNAMENT

Games are free for teams
Four-person teams



The Air Force Sergeants Association Chapter 1554 (Kunsan) sponsors a bowling tournament for Wolf Pack members at 2 p.m. May 12. To sign up, call 782-4849.

CHAPEL SERVICES

CATHOLIC SERVICES

Daily Mass — 11:30 a.m. Monday through Thursday
Weekend Mass — 9 a.m. and 8 p.m. Sundays
Reconciliation — Weekdays by appointment and 8 a.m. Sunday
R.C.I.A. classes — 7 p.m. Wednesday, chapel conference room

PROTESTANT SERVICES

Traditional worship — 11 a.m. Sunday
Gospel service — 1 p.m. Sunday
Contemporary praise and worship — 6 p.m. Sunday
Inspirational praise and worship service — 7 p.m. Friday

LATTER-DAY SAINTS SERVICE

Weekly service — 3:30 p.m. Sunday

CHURCH OF CHRIST SERVICE

Weekly service — resumes May 7

SONLIGHT INN HOURS

The Sonlight Inn is closed during the UCI, but will reopen 6 to 10 p.m. Tuesday through Thursday, 6 p.m. to midnight Friday, 5:30 p.m. to midnight Saturday and holidays.

Pizza special — The Loring Club serves 50-cent pizza slices from 6 to 8 p.m.
Free junior-enlisted bowling — Beginning at 6 p.m., ranks E-1 through E-4 bowl free. Limit three games per person.

TUESDAY

Yellow Sea Bowling Center — Ladies bowl for free starting at 6:30 p.m.
Chess night — The Falcon Community Center hosts an open-play chess night beginning at 7 p.m.
Cooking class — The Airmen support center offers a Korean cooking class from 11:30 a.m. to 1 p.m. at the Sonlight Inn. Registration required. Call 782-5644 for more information.

WEDNESDAY

Social time — The Loring Club's super social hour begins at 5:30 p.m.
Reunion briefing — The Airmen support center's return and reunion briefing starts at 3 p.m. in the Health and Wellness Center classroom at the Wolf Pack Fitness Center.
This mandatory briefing addresses challenges facing single and married military members preparing to return to their families.
Yellow Sea Bowling Center — Bowl for 75 cents per game.
Karaoke night — The Falcon Community Center's karaoke night runs from 8 p.m. to midnight.

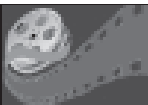
THURSDAY

Orphanage visit — The Airmen support center's weekly Korean orphanage outing leaves the military personnel flight parking lot at 6:15 p.m. The weekly outings give base people a chance to interact with local Korean orphans. To register, call 782-3772.
Dollar day — Bowl for \$1 per game at the Yellow Sea Bowling Center.

UP 'N' COMING

Personal finance briefing: The Airmen support center offers a personal finance briefing for E-4 and below attending the newcomers orientation May 5. The briefing is held in Bldg. 755 in room 215 from 3 to 4 p.m. For more information, call 782-5644.
CAC tours — The Falcon Community Center sponsors a tour to the Hampyeong butterfly festival May 6. Deadline to sign up for the trip is Thursday. For more information or to sign up for the trip, call 782-4619.
Pro soccer trip — The Falcon Community Center sponsors a trip to a pro soccer game in Jeon-Ju May 7. For more information or to sign up for the trip, call 782-4619.

To submit events for 7-Days, send an e-mail to WolfPack@kunsan.af.mil. Submissions are due by noon Thursday one week prior to publication and must include time, date and location of the event and the contact's daytime phone number. For more information, call 782-4705.



AT THE MOVIES

NO MOVIES DURING THE UCI

Due to the unit compliance inspection, no movies will be shown through Sunday. Movies are expected to continue playing Thursday. For more information on upcoming movie times and listings, call 782-4987 or visit the Movie Reel Web site at:

www.aafes.com/ems/pac/kunsan.htm

Sports Day
Schedule of events

5K ROAD RACE	9 a.m.
BOWLING (NINE PIN)	9 a.m.
GOLF	9 a.m.
VOLLEYBALL	10 a.m.
RACQUETBALL	10 a.m.
PUSHUPS/SITUPS	10 a.m.

- INTERMISSION Noon - 1 p.m. -

B-BALL SKILLS SHOT	1 p.m.
DODGEBALL	1 p.m.
PUNT/PASS/KICK	1 p.m.
BENCH PRESS	2 p.m.
TUG-OF-WAR	3 p.m.

Pre-registration is required for all events. Letters of intent to participate must be to the fitness center no later than 5 p.m. Wednesday.

Legal office change of hours

Legal assistance consultations
(by appointment only)

Mondays and Wednesdays

9 a.m. - 11 a.m.

Tuesdays

2 p.m. - 4 p.m.

Thursdays (wills only)

9 a.m. - 11 a.m. and 2 p.m. - 4 p.m.

Notaries (walk in)

8 a.m. - 5 p.m.

WOLF PACK WHEELS SCHEDULE

Kunsan AB to E-Mart shuttle

Tickets are \$5 (departs from community center)

Weekends 10 a.m., noon, 2, 4 and 6 p.m.

E-Mart to Kunsan AB shuttle

Tickets are \$5 (departs from in front of store)

Weekends 11 a.m., 1, 3, 5 and 6:30 p.m.

Kunsan AB to Osan shuttle

One-way for \$12.50 or \$11.50 and round trip for \$25 or \$23. Discount is for Airman morale program members (departs from community center)

Monday to Thursday 7:30 a.m. and 1 p.m.

Friday 7:30 a.m., 1 and 6 p.m.

Saturday 7:30 and 10 a.m.

Sunday 7:30 a.m. and noon

Osan to Kunsan AB shuttle

One-way for \$12.50 or \$11.50 and round trip for \$25 or \$23. Discount is for Airman morale program members (departs from Checkertails Cafe)

Monday to Thursday noon and 6 p.m.

Friday noon and 10 p.m.
Saturday noon and 4 p.m.
Sunday noon and 5 p.m.

Kunsan AB to Kunsan city shuttle

One-way is \$3 and round trips for \$5 (departs from community center)

Friday and Saturday 7 and 8 p.m.

Kunsan city to Kunsan AB shuttle

One-way is \$3 and round trips for \$5 (departs from Kentucky Fried Chicken)

Friday and Saturday 11 p.m. and midnight

Kunsan AB to Incheon Airport shuttle

\$27.50 or \$25 for Airman morale program members (departs from community center)

Available daily 3:30 a.m., 2 and 6:30 p.m.

Incheon Airport to Kunsan AB shuttle

\$27.50 or \$25 for Airman morale program members (departs from gate 14)

Available daily 8:30 a.m., 7:30 and 11:30 p.m.

For details on transportation, call the Falcon Community Center at 782-4619



A Korean salesman shows off the latest kitchenware during a presentation at the 2006 Kunsan City Cherry Blossom festival.



Senior Airman Crystal Cole, 8th Medical Operations Squadron, tries her hand at darts at one of the many game booths outside the Kunsan City stadium April 15. More than 80 booths dotted the annual Kunsan City Cherry Blossom Festival with each ranging from games and souvenirs to lunches and desserts. A total of 39 Wolf Pack members attended this year's Airmen support center trip to the festival.



A Korean woman serves up corn on the cob to cherry blossom festival visitors.



Wolf Pack members begin their tour of Kunsan City's 2006 Cherry Blossom Festival with a stroll under the city's cherry trees.

IN THE TRENCHES ...

What's the most interesting thing you've learned about Korea?

Senior Airman Daniel Martinez
"The history behind the DMZ and on-going conflict."

Senior Airman Josh Whitefield
"The smells."

Staff Sgt. Ashley Brown
"The Korean bathrooms are very different from the ones in the U.S."

Tech. Sgt. Rodney Simpson
"I've learned how to use chopsticks to eat my food."

Marine Sgt. William Brown
"The fact that hostile forces are so close with North Korea right on the border."